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COMPARISON CORDINATIVE ABILITY BETWEEN MALE PARTICIPANTS BELONGING TO HANDBALL AND BASKETBALL

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ABSTRACT

The purpose of the study was to compare cordinative ability between male participants belonging to Handball and Basketball. Total 60 subjects were selected (30 from each sport) from Kurukshetra University, Kurukshetra participating in North Zone Inter varsity and all Indian University Competitions. The Age of subjects ranged from 18 to 25 years. The Static group comparison design was used for this study. Cordinative Ability was measured by using Backward Medicine Ball throw. For comparison of cordinative ability between male participants belonging to Handball and Basketball, descriptive statistics and independent 't' test was used and the level of significance was set at 0.05. The findings of the study revealed that insignificant difference ($p=.425$) was found between male participants belonging to Handball and Basketball. Based on the findings and within the limitation of the study it is noticed that the all male participants belonging to Handball and Basketball are equal in cordinative ability.