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A STUDY OF KNOWLEDGE ABOUT BREASTFEEDING AMONG WOMEN IN THANESAR (KURUKSHETRA)

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ABSTRACT

A happy and healthy child is a symbol of developed society and the progress made by mankind. Infant feeding practices and child nutrition have significant effects on children survival maternal health and fertility. Breast feeding improves the nutritional status of young children and reduces morbidity and mortality. Breast milk not only provides the child with important nutrients but also protects the child against many infection. This paper examines that the knowledge about breastfeeding among women. The study uses primary as well as secondary data and randomly selected 80 reproductive women. The aim of the study was to assess the knowledge of breast feeding among first time pregnant women.

Keywords: Breast feeding, knowledge, awareness Infants.