



Indian Career options in the field of Sports and Physical Education

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ABSTRACT

Physical Education and sports are an important element of the educational process. This document presents a wide range of job options and provides information on physical education and sports degrees in India. Physical education and sports as a vocation provide numerous job options in a variety of sectors. Degrees, diplomas, and certificate courses in physical education and sports are advantageous to those who have obtained these courses in many fields (Gulhane, 2014). A career in this field can lead to a variety of opportunities (Adling, 2016), including participation in specific sports, health clubs, sports goods manufactures, sports marketing, commentator, sports journalism, trainer, teaching area, coaching area, publications, and many other similar opportunities in both the public and private sectors. This paper focus on professional curriculum of physical education and sports in India.

Key-words: Sports, Physical Education, Career, Courses.

INTRODUCTION:

Later, this field was considered a pastime, particularly in India, but it is now regarded a serious career opportunity. The increasing success of athletes in national and international athletic events has shifted attention to physical education and sports professions. People who are interested in physical education and sports are encouraged by the Indian government and other sports organisations to enhance their natural abilities (Mann, J., & Sharma, K.). In the current context, job chances in this subject are getting more diverse and interconnected with other fields. This field assists people in becoming physically and psychologically healthy, as well as gaining recognition and money as a career. Athletes and physical educators can pursue careers in sports marketing, coaching, sports administration, sports medicine, and sports promotion, and they can work in both the commercial and public sectors (Adling, 2016). Special recruitment campaigns for extraordinary athletes are also held by government agencies and the military. After getting experience in this industry, those involved in sports and physical education can start their own firm manufacturing sports equipment. In both the public and private sectors, this field offers a good wage. In the realm of physical education and sports, a person's ability to consistently give exceptional performance is more important than their amount of years of expertise. A career in sports and physical education is a one-of-a-kind employment path. It is a vocation in which a student or player can earn a lot of money while still staying in shape. Sports and physical education, in addition to being a career, have the potential to develop character. Self-discipline,

teamwork, sacrifice, and fair play can all be learnt and improved through sports tournaments. (R. Killingsworth, J. Earp, and R. Moore. September-October 2003.)

PRESENTATION OF DATA

A well-structured programme of physical education and sports courses can serve to propel the field forward. Sports and physical education institutes (NCTE) with high potential are providing education in this sector, as well as doing research. The degrees offered by these universities are recognised and accepted all around the world. These courses are offered at universities and colleges across India. In the field of physical education and sports, most Indian universities provide the following diplomas: postgraduate diploma, graduate degrees, postgraduate degrees, and research programme of University Grant Commission, New Delhi, as shown in Tables 1 to 2.

TABLE 1
LIST OF INSTITUTIONS, COLLEGES AND UNIVERSITIES RUNNING PHYSICAL EDUCATION AND SPORTS SCIENCE COURSES IN INDIA

S.NO.	Name of University/Institution	Place	State
1	National Sports University, Imphal	Imphal	Manipur
2	Swarnim Gujarat Sports University	Gandhinagar	Gujarat
3	Tamil Nadu Physical Education and Sports University, Chennai.	Chennai.	T.N.
4	National academy of Sports Management, Mumbai.	Mumbai.	M.S.
5	Symbiosis school of Sports Sciences Pune.	Pune.	M.S.
6	Centre for Sports Science, Chennai.	Chennai.	T.N.
7	Y.M.C.A college of physical education Chennai	Chennai.	T.N.
8	Indira Gandhi Institute of Physical education and Sports Sciences Delhi.	Delhi	Delhi
9	Punjab university Chandigarh	Chandigarh	Chandigarh
10	Punjabi university Patiala.	Patiala.	PB
11	Kurukshetra University Kurukshetra	Kurukshetra	Haryana

12	Chaudhary Ranbir Singh university Jind	Jind	Haryana
13	Chaudhary Devi Lal University Sirsa .	Sirsa .	Haryana
S.NO.	Name of University/Institution	Place	State
14	Institute of Sports Science & Technology, Pune.	Pune.	M.S.
15	Lakshmbai National College of Physical Education Thiruvananthapuram .	Thiruvananthapuram	Kerala
16	Lakshmbai National Institute of Physical Education Gwalior.	Gwalior.	M.P.
17	Neta ji Subhas National Institute of Sports, Patiala.	Patiala.	PB
18	Annamalai University, Chennai (Tamil Nadu).	Chennai.	T.N.
19	Allahabad University, Allahabad (Uttar Pradesh).	Allahabad	U.P.
20	Andhra University, Vishakhapatnam (Andhra Pradesh).	Vishakhapatnam	A.P.
21	Banaras Hindu University, Varanasi (Uttar Pradesh).	Varanasi	U.P.
22	Jamia Millia Islamia University, New Delhi .	New Delhi .	New Delhi .
23	Manipur University, Imphal (Manipur).	Imphal	Manipur
24	University of Calcutta, Calcutta (West Bengal).	Calcutta	W.B.
25	University of Hyderabad, Hyderabad (Andhra Pradesh).	Hyderabad	A.P.
26	University of Mumbai, Mumbai (Maharashtra).	Mysore	karnatka

27	University of Mysore, Mysore (Karnataka).	Pune.	M.S.
28	University of Pune, Pune (Maharashtra).	Pune.	M.S.
29	University of Rajasthan , Jaipur (Rajasthan).	Jaipur	Raj.
30	Utkal University, Bhubaneswar (Orissa).	Bhubaneswar	Oddisa
31	Visva Bharati University, Santiniketan (West Bengal).	Santiniketan	W.B.
32	College of Physical Education , Pune (Maharashtra).	Pune.	M.S.
33	Noida College of Physical Education, Noida (UP)	Noida	U.P.

TABLE 2
COURSES OF PHYSICAL EDUCATION & SPORTS IN INDIA

S,NO.	Diploma in	Post Graduate Diploma in	Bachelor Degree	Master Degree	Research Degree
1	Physical Education	Sports Coaching	B.P.E.S. (Bachelor of Physical Education & Sports).	MPed. (Master of Physical Education)	Ph.D. in Physical Education
2	Sport Coaching	Sports & Exercise Nutrition	B.P.Ed. Integrated (Bachelor of Physical Education) 4 year after 12 th	M.A. (Master of Arts-Sports Journalism and Mass Media Technology)	Ph.D. in Exercise Physiology & Nutrition
3	Sports Medicine	Sports Medicine	Bachelor of Arts in Physical Education	M.Sc., Exercise Physiology & Nutrition	Ph.D. in Sports Psychology

S,NO.	Diploma in	Post Graduate Diploma in	Bachelor Degree	Master Degree	Research Degree
4	Sports magament	Sports Management	B.Sc. (Bachelor of Science-Sports Nutrition).	M.P.E.S. (Master of Physical Education and Sports)	Ph.D. in Sports Medicine
5	Sports &Exercise Nutrition	Adventure Sports Administration	B.Sc. (Bachelor of Science - Sports Coaching).	M.Sc., Sports Biomechanics and Kinesiology	Ph.D. in Sports Journalism and Mass Media Technology
6	Sports &Exercise Psychology	Sports Journalism and Mass Media Technology	BA in Sports Management	M.B.A., Sports Management	Ph.D. in Sports Biomechanics and Kinesiology
7	Sports Sciences	Sports &Exercise Psychology	B.P.Ed. (Bachelor of Physical Education) 2 year after Graduation	M.Sc. Sports Coaching	Ph.D. in Sports Management
8	Sports Photography	Fitness Management	B.Sc., Exercise Physiology & Nutrition	M.Sc., Sports Psychology and Sociology	Ph.D. in Sports Coaching

9	-	-	BBA in Sports Management	M.Tech. Sports Technology	M.Phil. in Physical Education
10	-	-	Bachelor of Management Studies in Sports Management.	Master of Sports Management	M.Phil.in Sports Biomechanics and Kinesiology
11	-	-	B.Sc. Health, Physical Education & Sports Sciences	MD Sports Medicine	M.Phil. in Sports Management
12	-	-	-	-	M.Phil.in Sports Coaching
13	-	-	-	-	M.Phil.in Sports Medicine
14	-	-	-	-	M.Phil.in Sports Journalism and Mass Media Technology
15	-	-	-	-	M.Phil.in Exercise

					Physiology & Nutrition
16					M.Phil.in Sports Psychology and Sociology
17					M.Phil.in Sports Technology

In the current climate, the sports business has emerged as one of India's most lucrative options.

Sports and Physical Education is one of India's most fulfilling professional paths, with numerous job prospects. In India, sports has opened up a plethora of professional prospects for young people. Strong determination, perseverance, and proper qualification are also required, in addition to talent. Sports-based, science-based, teaching-based, movement-based, and media-based careers are all available in this subject (Vats Kavita, Sharma Parshant, Sharma J.P., 2015). In India nowadays, there are numerous institutes dedicated to providing physical education and sports training in a variety of sporting activities. Physical education and sports have evolved into a full-fledged and practical employment option. It is one of the world's greatest foreign exchange earners, employing millions of people directly and indirectly (Mann, J., & Sharma, K.). Jobseekers can find suitable jobs in the Employment newspaper, advertisements in institutions, the public service commission of the concerned government website, daily publishing newspapers, social networking sites, and many other places. A list of institutions, colleges, universities, and other sectors can be found in Tables 3 to 9.

TABLE 3
CAREER OPPORTUNITIES IN UNIVERSITIES:

Professor in different teaching subject of physical education and sports	Associate Professor in different teaching subject of physical education and sports	Assistant Professor in different teaching subject of physical education and sports	Sports Coach in different discipline
Director of Sports	Deputy Director of Sports	Assistant Deputy Director Sports	Fitness Trainer
Game Organizer			

TABLE 4
CAREER OPPORTUNITIES IN IITS AND NITS

Senior Student Activity & Sports Officer in NITs	Junior Student Activity & Sports Officer in NITs	Sports Officer in IITs	Physical Training Instructor in IITs
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TABLE 5
CAREER OPPORTUNITIES IN SPORTS AUTHORITY OF INDIA

Professor in different teaching subject of physical education and sports	Associate Professor in different teaching subject of physical education and sports	Assistant Professor in different teaching subject of physical education and sports	Sports Coach in different discipline
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Director of Sports	Deputy Director of Sports	Sports Medicine Doctor	Fitness Trainer
Physiotherapist	Strength and conditioning Expert	Psychologist	Dietician

TABLE 6
CAREER OPPORTUNITIES IN EDUCATION AND DEGREE COLLEGES

Assistant Professor in physical education and sports	Deputy Director of Sports	DPE
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TABLE 7
CAREER OPPORTUNITIES IN PHYSICAL EDUCATION COLLEGES

Professor in different teaching subject of physical education and sports	Associate Professor in different teaching subject of physical education and sports	Assistant Professor in different teaching subject of physical education and sports	Sports Coach in different discipline
Principal	Dietician	Psychologist	Fitness Trainer

TABLE 8
CAREER OPPORTUNITIES IN ELEMENTARY, SEC. & SEN. SECONDARY SCHOOLS

Physical Training Instructor	Physical Education Teacher	PGT Physical Education	DPE
TGT Physical Education	Sports Coach		

TABLE 9
CAREER OPPORTUNITIES IN STATE SPORTS DEPARTMENT:

District Sports and Youth Officer	Sports Coach in different discipline
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TABLE 9
OTHER CAREER OPPORTUNITIES IN DIFFERENT FIELDS

Referee/Umpire/Game Official	Sports Clothing Designer	Sports Photographer	Gym Instructor
Sporting Good Salesperson	Sports Promoter	Sports Reporter	Sports Marketing
Sports advisor	Weight-Control Counsellor	Books Publishing sector	Sports Commentator
Sports Agent	Sports Massage Therapist	Media, Sports and Advertising Agencies	Sports Equipment manufacturing sector
Manager /Instructor of Health Club and Fitness centre	Program director in community sports programme	Manager /Instructor of Health Club and Fitness centre	

CONCLUSION

All of the roles listed above are crucial and promising career paths for someone with a sports and physical education background. Students have the option of choosing their field of interest. A career in sports and physical education is a one-of-a-kind employment path. It is a vocation in which a student, player, or sports professional can earn a lot of money while staying in shape. Sports and physical education, in addition to being a career, have the potential to develop character. Self-discipline, teamwork, sacrifice, and fair play can all be learnt and improved through sports tournaments. Our government has taken no action in this regard. Students should have access to facilities and opportunities in the context of a career in physical education and sports. Furthermore, India has a terrific sports policy, but it is not being implemented properly. So now is the moment to revisit the need for a solid sports and physical education policy in order to raise the standard of physical education and sports in the country, strengthen the sports culture, and provide career prospects for sports personalities and physical education professionals. We need to restructure our sports and physical education curricula; outstanding research facilities for physical education and sports scientists; and the creation and proper execution of policies are all critical considerations. So we can provide better career opportunities to sports and physical education professionals.

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