



AN INSIGHT INTO VIRTUAL REALITY: EMERGENCE, ITS AFFORDANCES AND NEED TO STUDY ITS HUMAN FACTORS AND PERCEPTIONS

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ABSTRACT

As a result of the emergence of virtual reality technology into the field of human perception and behaviour study, several new research efforts have been launched. To no one's surprise, some people believe that existing VR applications are limiting the technology's maximum potential since environmental presentations are exclusively focused on the visual modality, despite the fact that spatial experiences are multi modal in design. Because they externalize thought and make it available to others, visualizations have developed to suit a variety of purposes. They may be used to explain and simplify concepts, as well as to synthesize, expand, investigate, and disseminate notions to a wide variety of individuals. The purpose of this article is to investigate Virtual Reality, its affordances and perception, the necessity to investigate VR for human perception, and the illusions that may be created in Virtual Reality.

KEYWORDS: Virtual, Reality, Perception, Affordances, Illusion.

I. INTRODUCTION

Researchers may recreate sophisticated real-life events and circumstances in virtual reality (VR), allowing them to explore complex human behaviour in heavily structured designs in a laboratory setting. These qualities of virtual reality have proven particularly appealing for the examination of pathological processes in mental diseases, and this innovation has progressively gained pace since its introduction in the 1990s. The primary use of virtual reality scenarios in this discipline is study into the mechanisms that underlie anxiety disorders and the treatment of these illnesses. In this field, virtual reality (VR) has proven itself as a viable tool for exploring threat perception, fear, and exposure therapy. It is critical for study into emotional experiences and emotional conduct, such as fear, anxiety, and exposure consequences, that virtual reality (VR) may genuinely elicit emotional information from participants. As a "virtual reality" medium, virtual reality depends on perceptual stimulation (especially perception of one's own activities) - in particular, visual signals, sounds, and occasionally touch and smell - to elicit emotional responses from the user. It is true that, if virtual reality were merely a powerful art, it might be claimed that the sole benefit it has over traditional experimental techniques is the capacity to show visual stimuli in a three-dimensional plane. However, as virtual reality technology has progressed, many VR research works now include differing amounts and combinations of multi modal sensory input, allowing for simultaneous experience of audio, haptic, olfactory, and motion input in addition to the graphically rendered environment or objects in the VR environment. This considerably enhances the user's sense of immersion in the virtual world and enables the study to develop procedures that would otherwise be impossible to develop in a physical context. Examples include exposure therapy, which is commonly used in the treatment of anxiety disorders but, in the case of post-traumatic stress disorder (PTSD), may be difficult to administer due to logistical or safety concerns. To circumvent these difficulties, multi modal virtual reality (VR)

has been used to build a virtual duplicate of a war zone, replete with audio and haptic input, in order to treat post-traumatic stress disorder (PTSD) in battle veterans. The use of multi modal VR allows researchers to manipulate each input separately in order to gain a more precise insight into the relative contributions of each. When phenomena are known to occur as a result of a confluence of sensory data (e.g., audio and visual), the use of multi modal VR allows the researcher to manipulate each input separately. Keshavarz et al., for instance, used this method in a recent study to investigate the impact of auditory and visual signals on the impression ofvection and the resulting motion sickness in participants. In addition, multi modal environments are related with faster mental processing times for discrete stimulus occurrences, which may be due to the fact that they present a user with more adequate data about the environment.

Additionally, virtual reality enables researchers to create novel methods for measuring participant responses in addition to presenting experimental stimuli to participants. The fact that studies that try to test a complicated psychological concept (e.g., attention) have, out of necessity, been reduced to a simple "point and click" exercise for the participant has no doubt been bemoaned by many researchers. Most studies attempt to find a challenging balance between control and ecological validity, and only a small number of them are able to accurately recreate the multidimensional character of real-world human responses. Participants in virtual reality environments may be able to respond in a more natural way, according to some researchers, which may help bridge the gap between them. Across a wide spectrum of psychological subjects, this can be observed. Examples include research on altruism or prosocial that rely on hypothetical scenarios and self-report answers, among other methods of investigation. The researchers conclude that virtual reality can be used to successfully study even complicated high-level behaviors, and they recommend that VR be used more widely. Virtual reality settings have also been employed in recent years to investigate avoidance behaviour, which is a major component of fear and contributes to the maintenance of anxiety disorders. The physiological and self-report elements of fear have been studied extensively, but few research have been conducted to explore the avoidance of the context or setting that evokes the fear response, for example. Finally, virtual reality (VR) might be beneficial for measuring reactions in situations when it would be impossible or unethical to do so in real life. Using the VR setup, for example, the researchers were able to identify certain patterns of gaze behaviour displayed by the experimental group of participants rather than the control group of individuals. They examine a variety of theoretical arguments that arose as a result of the study's "first-person attitude," which was made possible by the use of virtual reality.

II. PERCEPTION AND AFFORDANCES

2.1 The origins of affordance theory and adaptation for HCI design

Allowance is defined as the perceived likelihood of a person performing an activity in a given setting, according to Gibson. In contrast to the traditional cognitive approach, affordance theory proposes that an excessive emphasis on unambiguous semiotic resources about the world and data analysis is superfluous because humans recognize the climate in terms of its potential for actions actually, as opposed to the traditional cognitive approach. In recent years, this paradigm has spread outside the realm of psychology to include other disciplines, including interface design, in particular. From a design standpoint, the idea of affordance establishes a direct relationship between perception and action, and it was later applied by Norman to the proposition that the design of an item should imply how the thing may be utilized. Instead, affordances should give strong indicators to users about the function of items and unambiguous visual cues for their application and usage, rather than the other way around. Gibson's ecological framework, we believe, is relevant to the design of virtual environments for immersive analytic s because it provides a promising and functional strategy for trying to define the truth of experience, which may provide alternate approaches to using human perception in the discovery process, as well as a promising and functional approach for defining the reality of experience. Gaver summarises the

Gibson and Norman conceptions of affordance via the lens of technological advancement. He subdivides the general idea of affordance into sub-types of affordance depending on whether or not the notions of sensory information and physically manifested affordances overlap or are mutually exclusive. Despite this, Gibson, Norman, and Gaver have an essential point of agreement: they all believe in the importance of education. All three viewpoints assert that affordances are immediately perceivable without the need for categorization in order to be perceived. Consider the following examples: one does not need to first categorize anything as a member of the category "chair" before being allowed to sit on it, nor does one need to classify a moving vehicle before being allowed to cross a street without being hit by it. It is suggested that direct perception of higher-order qualities of sensory stimulation is a more plausible alternative to the traditional cognitive approach, which emphasizes the necessity of relying on stored semantic memories and associations in order to be able to interpret perceptual properties as overly complicated.

2.2 Mimicry, affordance, and virtual worlds

There has been little investigation into the applicability of affordance theory to human behaviour in physical space, but there has been little investigation into human perception in virtual reality. The majority of research has placed an emphasis on the notion of presence, specifically in terms of eliciting physical engagement with virtual elements, such as determining if a surface appears slippery or stepping off a digital ledge. In addition to the enormous quantity of study on presence, our review discovered one source that made use of affordance theory to draw attention to a specific issue that may be significant for immersive analytics, namely the issue of mimetic. According to Stuckey and colleagues, mimetic virtual environments such as Second Life should be examined through the lens of affordance. Their reference is to Gibson's original and wide notion of affordance on the delay offered by an artefact, tool, or environment for action, which was published in the journal *Cognitive Science* in 1997. They provide a contrast between what they refer to as built affordances and native affordances based on this wide description. As a result of this duality, they are able to take a different approach to the cognitive, physical, sensory, and functional distinctions of Hartson—despite the fact that their application case is mimetic virtual worlds rather than considering the comparatively broad and abstract domain of human-computer interaction (HCI). The model merely examines the latent possibilities of a mimetic world in terms of the native affordance of the surroundings, such as an urban scene or a beautiful environment. It is not intended to be comprehensive. 'Recently built' or non-mimetic affordances are those that are based on a native affordance but that do not fall within the boundaries of what is ordinarily attainable in the actual world. Rather than simply being able to move around the scene (a natural affordance), the user may also have the option of being able to 'teleport' to another location (constructed affordance). As a response to the physical environment and how humans interacted within physical restrictions, as well as in response to the qualities of artefacts, the notion of affordances was created over time. The idea was further developed via the creation of affordance for human-computer interaction (HCI) in the framework of a hybrid physical world apparatus (screen, mouse, keyboard, and so on) and graphical user interfaces. Hartson's use of affordance was based on the assumption that the user was physically present in the world and interacted with information presented on a screen, engaging with the screen itself. For the most part, our visual, auditory, and kinaesthetic senses are engaged by synthetic information while we are still sitting upright in physical space in an immersive environment, rather than by natural content. We are within the data models, as opposed to assessing representations that can be seen on a monitor or other display device. To Stuckey and colleagues, there are advantages to immersing the user in a mimetic environment that is organized and structured in the same manner as the real world, such as urban or nature scenery, when developing virtual worlds for use in educational settings. These 'natural' surroundings may then be progressively enhanced with built characteristics that are complementary to the underlying mimetic structure, according to this method.

III. REASON FOR UTILIZING VR TO STUDY HUMAN PERCEPTION

Using immersive technology When it comes to exploring human perception in a controlled and systematic manner, virtual reality (VR) helps experimenters to get closer to their aim by using incredibly convincing stimuli that may be actively investigated by create many new. It is just not feasible to achieve this degree of ecological validity using standard advanced methods, but it is significantly more in line with the way humans regularly interact with the environment. As observers travel through a scene, virtual reality allows experimenters to change the environment in complicated and even physically impossible ways, allowing them to investigate the contribution of multiple types of sensory input to perception as they move through the scene. The application of these ideas to perception has revealed startling features of perception, such as how huge distortions of the environment can go entirely undetected by the subject.

Observational studies like these have served as the foundation for a comprehensive research of the principles underpinning spatial representation in moving observers, as well as the circumstances required for experiencing a stable environment. Virtual reality is suitable for the study of navigation, whether in large-scale physical area or on a treadmill, and it is becoming increasingly popular. Through the use of virtual reality, it is simple to modify distance indicators such as the height of the horizon and to create environments that are dynamically remade as people move about in them. When compared to traditional experimental approaches, in which the spectator is unable to engage in any meaningful manner with what they are seeing, this is a significant improvement. As a result, the use of virtual reality puts important concerns concerning human perception into sharp focus and provides innovative and distinctive approaches to addressing them.

Examples include the fact that there are significant changes in depth perception between moving and static observers, which can only be researched when the observers are given the freedom to move and interact with their surroundings. There has been a great deal of discussion on the genesis of human perceptual biases in properties such as distance, depth, and form, with recent studies suggesting that by just adopting a more naturalistic approach, bias in perceived 3-D shape may be erased altogether. Observers employ distinct visual cues in more realistic situations, which enable them to properly estimate object attributes, and it is the absence of these signals in the confined reduced-cue context that generates the perceptual bias, according to the theory of elimination of bias. There is a strong connection between these concerns and the inherent difficulties in isolating single cues, as well as the ongoing discussion over how to generalize from one cue to multi-cue scenarios.

However, when used in conjunction with established experimental approaches, virtual reality can provide a bridge towards investigating sensory perception in a controlled, principled manner utilising stimuli that realistically mirror how we interact with the outside world. More than merely providing a variety of sensory inputs, virtual reality replicates the natural manner in which perception and action are intricately intertwined with the surrounding world. A failure to make this adjustment in viewpoint increases the risk of researchers concentrating primarily on observing how spectators react in an experiment rather than how they behave in real life. The latter is what the vast majority of experimenters hope to be examining.

IV. IMMERSION AND THE ILLUSION OF PRESENCE IN VIRTUAL REALITY

The core feature of any VR system must, of course, contain a computer-generated environment, but preferably one that perceptually encompasses the user and in which perception is at the very least a result of head tracking and other similar technologies. Nonetheless, so-called desktop VR may still be regarded to be virtual reality. I characterized immersion as an objective attribute of a system, with higher or lower immersion referring to the amount to which a virtual reality system can support normal sensorimotor constraints for perception, such as the reaction to a perceptual action (hence aspects such as display resolution and stereo are intrinsically connected to perception). Consequently, a system that backed the ability to perceive with the entire body (bending down to

look directly beneath something, reaching out, looking around an object, etc.) would provide a higher level of immersion than a system that only permitted looking at a screen would provide a lower level of immersion (for as soon as you turn your head away from the screen you are no longer perceiving the virtual world). As a result, systems may be categorized according to the extent to which one system can be used to replicate another system. However, a more advanced immersive system, such as a wide field of view, high-resolution stereo head-mounted display with full real-time motion capture, and auditory and haptic feedback could theoretically be used to simulate the experience of a desktop VR system, and would be considered to be at a higher level of immersion. When researchers use this type of classification (which is only partially ordered) to determine how different levels of immersion correspond to different levels of the illusion that one is in the virtual world (the place illusion component of presence), they can investigate the extent to which people respond as if events in the virtual world are actually taking place. Regarding the concept of being, the writers in their section titled "The Challenge of Presence" use the word "belief" to describe how it appears to be hard for people to believe that the virtual world is a true representation of the actual world. Presence, on the other hand, is not about believing. Everyone understands that they will never believe in the truth of what they are seeing, even if they are standing on the edge of a virtual cliff with their hearts beating and their bodies tense from the stress of the situation. The entire purpose of presence is that it creates the illusion of being there, despite the fact that you are quite aware that you are not. When the perceptual system, for example, detects a threat (the precipice), the brain-body system instantly and fast reacts in the safest way possible (this is the safest thing to do), the cognitive system somewhat slowly catches up and concludes, "But I know this isn't real." However, at that time, it is too late; the responses have already taken place. This is the true power of virtual reality, because, as with any illusion, even if you are aware that you are viewing an illusion, this does not alter your perception or response to it. When you look at a Necker cube, you know for certain that it is nothing more than an arrangement of 12 lines on a flat surface, yet you can't help but think of it as a cube in your mind. Participants in the Virtual Milgram Obedience experiment were aware that nothing actual was taking place, yet they still tended to behave as though they were inflicting damage to the virtual Learner, despite the fact that the character portraying the Learner was rendered in a very simplistic manner (since presence is not even about realism).

V. CONCLUSION

Virtual reality is already being used in a variety of applications. If you don't use simulators, you can't visualise your life. Due to the quick growth of VE real-world applications, human-factors professionals must become engaged as soon as possible before inappropriate designs and practises become mainstream. Because these VEs will entail the interplay of humans and machines, it is necessary to incorporate human-factors concepts into their planning and installation. Because immersive technologies are now widely available, the next thirty years will be much more fruitful than the past two or three decades.

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